

# Health: Talking About Sex

[Talking to Your Kids About Sex](#): Mark Laaser, Ph.D.

ISBN: 1-57856-199-X (1)

Most parents would agree that healthy sexuality should be taught at home rather than left to their children's teachers, peers, or culture. However, even parents with the best intentions can feel at a loss regarding where to start. In *Talking with Your Kids about Sex*, Dr. Laaser cuts through the confusion, coaching you through specific, age-appropriate discussions you can have with your son or daughter from early childhood through young adulthood.